

## Community Works October 2024

### September Updates:

**Luray Ruritans Club Presentation-** *Thanks to Robert* for inviting Community Works to present during their monthly meeting! We made great connections and good conversations about serving our community.

**American Foundation for Suicide Prevention-** On Monday September 23rd we partnered with the AFSP and the Luray VFW to bring a suicide prevention training to Luray. **safeTALK** is a half-day alertness training that prepares anyone 15 or older, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTALK-trained helpers can recognize these invitations and take action by connecting them with life-saving intervention resources, such as caregivers trained in ASIST. *Page County now has 18 new suicide alert helpers in our community. If you are in crisis please dial 988 or text TALK to 741741 to be connected with a trained crisis counselor.*

**Performing Arts of Luray Gala-** We had 9 volunteers assist the PAL during their wonderful annual Gala and fundraiser on September 26th. Thanks to Miles for helping connect us with the PAL.

**Volunteering with Remote Area Medical-** providing free, quality healthcare to those in need. We had a team of 6 volunteers providing assistance with the **Clinic Break Down on Sunday September 29, 2024.**

### Upcoming October Events and Ongoing Projects:

**Volunteer Support at Free Market Friday's with the Community Gardens- OCTOBER 4th.** We will help end the growing season strong with 6 volunteers helping pass out free produce to community members. October 4th 9am-12pm Free Market Extravaganza happening at all 3 gardens! Our local coordinator will be at the Stanley Garden. **Stop by any of the 3 gardens to pick up free produce or just take a tour of the PACA Community Gardens.**  
Learn more at: <https://www.pickedinpage.com/about>

**Massanutten Country Corner Oktoberfest- FREE Community Event and Supply Drive for Arise-** We will have a table set up at their event **October 26th from 2-6.** We will be providing free kids crafts and are working with MCC to collect supplies during the month of October to be donated to Arise. More details to come. **We will need 3-4 volunteers to assist in event prep Friday Oct 25 and 4 volunteers for the event on Saturday.**  
<https://facebook.com/events/s/oktoberfest-at-massanutten-cou/422812377058376/>

**Letters to the Editor Campaign-** Can you submit a letter? This helps us recruit new volunteers, potential partners, and connect with the broader community. We can provide you a general outline for the letter and you can personalize it- or you can write your own. Just reach out to the team. **Easy action item: See one of our letters published? Take a clear photo and send it**

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to us!

Example: <https://pagevalleynews.com/if-you-d-like-a-different-way-to-work-with-your-neighbors-give-community-works-a-try/>

**Community Works and Friends of the Shenandoah River (FOSR)**- Community Works and the Friends of the Shenandoah River have developed a “Friends’ Raiser” to raise awareness, volunteer support, and funds to increase testing in Page County. FOSR provides weekly data during the summer free of charge for the public to view.

- 📰 **Check out their complete summer E. Coli testing results:**  
<https://fosr.org/wp-content/uploads/2024/09/FOSRs-2024-Summer-E.-coli-Testing-Program-Quantitative-E.-coli-Concentration-Results-09.09.2024.pdf>
- See the most recent discussion by the Luray Town Council regarding Hawksbill Creek: (Skip ahead to minute 11 of the video)  
<https://www.youtube.com/live/ayFHmxYKCqQ?feature=shared>
- Luray Town Council approved \$2,500 in funding to the FOSR Page Initiative.

**Facebook Action Item:** Like, Follow, and Share: Community Works 4Page and the National Community Works FB: Community Works

Have an idea that might fit in with Community Works? Let’s chat!

[PageCommunityWorks@gmail.com](mailto:PageCommunityWorks@gmail.com)

October Quick Read Bulletin:

- 📰 **Check out their recent E. Coli test results: Look at Hawksbill Creek Results:** 👁️  
<https://fosr.org/wp-content/uploads/2024/08/FOSRs-2024-Summer-E.-coli-Testing-Program-Quantitative-E.-coli-Concentration-Results-08.29.2024.pdf>
- **Volunteering with Community Gardens on October 4th @9am-12- Garden tours and free produce at ALL 3 garden locations.** Our local coordinator will be at the Stanley Garden.
- **Stop by Massanutten Country Corner for Oktoberfest on October 24th from 2-6-** a free community event, with live music, food trucks, kids crafts, and much more. Learn more about Arise of Page County and drop off a donation item to support their efforts to serve our community.
- **Help us submit letters to the local editors and connect with community members.**  
Example: <https://pagevalleynews.com/if-you-d-like-a-different-way-to-work-with-your-neighbors-give-community-works-a-try/>
- Want more info? Email: [PageCommunityWorks@gmail.com](mailto:PageCommunityWorks@gmail.com)

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Mark your calendars now and plan to join us at Massanutten Country Corner for Oktoberfest. Stay tuned for more details on how to support Arise of Page County during this free community event.